

**RAJRISHI BHARTRIHARI  
MATSYA UNIVERSITY ALWAR-  
Rajasthan**

# Syllabus

## (Graduation)

**Discipline: Psychology**

**Faculty: Social Science**

**2023-24**

**Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.**

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P						
5	I	DCC	PSY001	Basic Psychological Processes	4	2	-	60	6	20	80	100	
			PSY001P	Practical I: Basic Processes in Psychology	-	-	P	60	2	20	80	100	
	II	DCC	PSY002T	Social Psychology	4	2	-	60	6	20	80	100	





			PSY002P	Practical II: Social Psychology	-	-	P		2		20	80	100	
II	SEC	AEA002IT		Professional Communication	2	-		30	2	2	10	40	50	May be opted from other core courses.

An information regarding codes:

DCC extends for Discipline Centric Core

DSE extends for Discipline Specific Elective

AEC extends for Ability Enhancement Course

AECC extends for Ability Enhancement Compulsory Course

SEC extends for Skill Enhancement Course

**Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.**

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P							
			PSY001T	Psychopathology	4	2	-	60	6		20	80	100	
	III	DCC	PSY001P	Practical I: Psychopathology	-	-	P	60	2	8	20	80	100	
			PSY002T	Social Psychology	4	2	-	60	6		20	80	100	
	IV	DCC	PSY002P	Practical II: Psychological Methods and Statistics	-	-	P		2	8	20	80	100	
5	IV	AECC	AEA002IT	Guidance and Counselling	2	-		30		2	10	40	50	May be opted from other core courses.

**Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.**

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks	
					L	T	P								
5	V	DCC	PSY001T	Positive Psychology	4	2	-	60	6		20	80	100		
			PSY001P	Practical I: Positive Psychology	-	-	P	60	2	8	20	80	100		
	VI	DCC	PSY002T	Social Psychology	4	2	-	60	6		20	80	100		
			PSY002P	Practical II: Psychological Measurement and Assessment	-	-	P		2	8	20	80	100		
					Health and Well-Being										
				VIAECCAEA0021T		2		-	30		10	10	40	50	May be opted from other core courses.

## SEMESTER II

### SOCIAL PSYCHOLOGY (CORE COURSE)

**Course Description:** This course examines how individuals affect and are affected by others.

**Course Objective:**

- i. To develop an understanding of the individual in relation to the social world.
  - ii. To understand the basic theoretical, methodological and fundamental domains used by social psychologists.
  - iii. To understand the way in which social psychology diverges or converges with our own commonsense understanding of the world.
1. Introduction: Meaning, Nature, Scope and Goals of Social Psychology. Methods of Social Psychology Experimental and Non-Experimental Methods.
  2. Social Perception and Person Perception: Social Perception- Meaning and Nature; Perceptual Defense, Perceptual Accentuation and Subliminal Perception. Person Perception. Meaning and Nature, Role of Non-verbal Cues Perceivers Characteristics and Role of Ongoing Interaction.
  3. Attitudes: Nature, Functions, Formation, Change and Measurement.
  4. Prejudice and Discrimination: Nature and Origin: Reduction of Prejudice and Discrimination:
  5. Interpersonal Attraction: Proximity and Affective basis, Acquaintance and Need to Affiliate, Effects of Observable Characteristics, Similarity and Mutual liking.
  6. Leadership: Definition and Functions; Types of Leadership. Trait, Situational and Contingency Approaches
  7. Communication: Meaning, Nature and Types: Verbal and Non-verbal, Barriers in Communication. Persuasive Communication
  8. Pro-Social Behavior: Personal, Situational and Socio-Cultural Determinants. Explaining Pro-Social Behavior Empathy. Altruism Hypothesis, Negative-State Relief Model, Emphatic-joy Hypothesis and Genetic-Determinism Model
  9. Aggression and Social Problems: Aggression- Theories, Determinants, Prevention and Control, Social Problems -Meaning and Nature: Types of Social Problems - Poverty Deprivation, Population Explosion, Economic Development: Solutions to Social Problems.



### **Books Recommended:**

Baron RA. and Byrne.D. (1998): Social Psychology, New Delhi, Prentice Hall.

Myers, David G (1994): Exploring Social Psychology. New York, McGraw Hill

Shelly E. Taylor, L.A.,Peplau and David O. Sears (2006) Social Psychology, Pearson

S.S. Mathur (2006) Social Psychology, Vinod Pustak Mandir, Agra

Baron RA and Byrne D. (2004) Social Psychology, Hindi Version, Pearson Education.

अरुण कुमार सिंह ,2002 . समाज मनोविज्ञान की रूपरेखा, मोतीलाल बनारसीदास , दिल्ली

## **Practical**

Students have to complete any 5 of 7 practical' of the following. Practical may be in the laboratory or community of field.

1. Sociometric test
2. Measurement of Emotions by Facial Expression
3. Measurement of Attitude
4. Measurement of leadership
5. Measurement of Aggression
6. Measurement of Altruism
7. Assessment of Social Support

## **Professional Communication (SEC)**

### **Course Description:**

This course provides adequate training for effective communication and effective organizational communication for business environment.

### **Course Objective:**

To develop the LSRW skills of students for effective communication.



### **UNIT 1: Communication**

Business Communication; basic forms of business communication, process and different models of business communication, Effective communication Miscommunication -Barriers and improvements, Non-Verbal Communication

### **UNIT 2: Listening and Speaking Skills**

Effective listening, Audience Analysis, SWOT Analysis, Self-Development and Communication, Principles of Effective Communication

### **UNIT 3: Technical Writing Skills**

Writing Skills, Report Writing, Business Letters and Memo formats, Categories and kinds of business letters, Report writing -Proposal, Short and Formal Report and Report Preparation

### **UNIT 4: Business Correspondence**

Business Letter Writing; Job Application Letter & Resume; Interview Skills, Impression Management

EQ and Its Dimensions; Practices in business Communication-Group Discussion, Mock Interviews and Seminars

#### Learning Outcome:

- The student will be able to communicate smoothly.
- The student will be capable of writing formal documents.
- The student will be able to present themselves effectively.
- The student will be able equipped for professional life.

#### Text books [TB]:

- Rizvi, Ashraf. Effective Technical Communication, McGraw Hill, New Delhi. 2005.
- Raman, Meenakshi and Sangeeta Sharma, Technical Communication: Principles and Practice, 2nd Edition. New Delhi: Oxford University Press. 2011.



Dr. Vinod Mishra, Dr. Narendra Shukla , and Dr. Ranjana Patel (2021) Business Communication: Sanjay Sahitya Bhawan

Reference books [RB]:

- Aslam, Mohammad. Introduction to English Phonetics and Phonology Cambridge.2003.
- Ford A, Ruther. Basic Communication Skills; Pearson Education, New Delhi.2013.
- Gupta, Ruby. Basic Technical Communication, Cambridge University Press, New Delhi.2012.
- Kameswari, Y. Successful Career Soft Skills and Business English, BS Publications, Hyderabad. 2010.

### Semester -III

## Psychopathology (Core Course)

**Course Description:** This course is designed to give basic information about psychological disorder and treatment and help students learn to evaluate approaches to disorder and therapy.

**Course Objective:**

- To provide an overview about the concept of abnormality, its various dimensions and the classifications.
- To understand etiology and symptoms of various psychological disorders.
- To enable diagnose and discriminate psychological disorders.

### Unit-1

Introduction: Meaning of Normality and Abnormality, Characteristics of Abnormal Behaviour, Latest ICD and DSM Classification Systems.

Psychological Assessment Clinical Interview; Diagnostic Tests Neuropsychological, Personality, Behavioural and Bodily Assessment.

Etiology of Abnormal Behaviour: Biological, Psycho-Social, Socio-Cultural Causes.

### Unit-2

